



Summer Camps Menu

Zoomarine



Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Chocolate milk	Chocolate milk	Chocolate milk	Chocolate milk	Chocolate milk
	Ham or cheese sandwich	Ham or cheese sandwich	Ham or cheese sandwich	Ham or cheese sandwich	Ham or cheese sandwich
Lunch	Soup	Soup	Soup	Soup	Soup
	Breaded chicken with lettuce salad	Fish fillets with rice and mixed salad	Meatballs with spaghetti and lettuce salad	Breaded fish with rice and lettuce salad	Hamburger with fries and mixed salad
	Orange Bongo, 100% Tropical, Water	Orange Bongo, 100% Tropical, Water	Orange Bongo, 100% Tropical, Water	Orange Bongo, 100% Tropical, Water	Orange Bongo, 100% Tropical, Water
	Fruit (apple)	Fruit (banana)	Strawberry jelly	Fruit (watermelon)	Fruit (orange)
Snack and Ice Cream	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo
	Ham and cheese sandwich	Chorizo sandwich	Ham and cheese sandwich	Chorizo sandwich	Ham and cheese sandwich
	Minions Bello (Vanilla and Banana)	Happy cup	Max Push Up Haribu (Vanilla and Strawberry)	4' O'Clock Sandwich	Red Fruits Solero

Important Note

All participants' food allergies or intolerances should be reported in advance so we can find an appropriate alternative.

For more information please contact Zoomarine's Educational Department:
T. 289 560 315 | atl@zoomarine.pt