

Menu

Summer Camps

SUMMER Camps

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Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Apple or Cookie	Apple or Cookie	Apple or Cookie	Apple or Cookie	Apple or Cookie
Lunch	Soup	Soup	Soup	Soup	Soup
	Baked chicken steak with white rice and lettuce salad	Baked fish fillets with carrot rice and mixed salad	Meatballs with spaghetti and lettuce salad	Baked fish nuggets with carrot rice and mixed salad	Beef burger with spiral pasta and mixed salad
	100% Tropical Bongo, Water	100% Tropical Bongo, Water	100% Tropical Bongo, Water	100% Tropical Bongo, Water	100% Tropical Bongo, Water
	Apple	Banana	Strawberry jelly	Watermelon	Banana
Snack and Ice Cream	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo	100% Tropical Bongo
	Ham or cheese sandwich		Ham or cheese sandwich		Ham or cheese sandwich
	Calippo (Strawberry/ Lemon)	Ham or cheese sandwich	Happy Cup Ice Cream	Ham or cheese sandwich	Calippo (Strawberry/ Lemon)

	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy	Milk	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
Yogurt							o							
Bread	o													
Ham						o						o		
Cheese							o							
Breaded Chicken	o		o					o				o		
Fish Fillets	o		o	o			o							
Meatballs	o					o	o		o			o		
Fish Nuggets	o		o	o			o							
Beef Burger	o		o			o	o					o		
Spaghetti	o		o				o							
Rice							o							
Cookie	o						o					o		
Jelly	o		o				o							
Strawberry Calippo							o	o						
Lemon Calippo							o	o						
Happy Cup Ice Cream							o	o						
Spiral Pasta	o		o			o				o				